

Reversal Trading

Reversal Trading Kya Hai?

Reversal Trading ek aisa trading style hai jo **Support aur Resistance Levels** par based hota hai. Ye trading style **Continuation Trading** se alag hai, jisme trades ongoing trend ke saath hoti hain. Aayiye ise simple language mein samajhte hain:

Continuation Trading

Continuation trading mein hum predict karte hain ki agla candlestick pichle candlesticks ki tarah hi hoga.

Example:

- Agar ek green candlestick hai, uske baad ek aur green candlestick aata hai.
 - Hum predict karte hain ki agla bhi green hoga.
 - Agar prediction sahi hoti hai, toh hum trade jeet lete hain.
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Reversal Trading

Reversal trading mein hum predict karte hain ki candlestick ki direction change hogi.

Example:

- Agar ek sequence of green candlesticks hai, toh hum predict karte hain ki agla candlestick red hoga.
- Agar prediction sahi hoti hai, toh hume profit hota hai.

Reversal trading mein **Support aur Resistance Levels** kaafi zaruri hote hain, kyunki inhi par market reverse hone ki sambhavnayein hoti hain.

Reversal Trading Ke Key Components

Reversal trading ko sahi tarike se karne ke liye, in teen cheezon par dhyan dein:

1. Support aur Resistance Levels (SNR)

- **Support Level:** Jahan price girna band karta hai aur upar jaane lagta hai.
- **Resistance Level:** Jahan price badhna band karta hai aur neeche aane lagta hai.
- In levels ke through hum reversals accurately predict kar sakte hain.

2. Trend Analysis

- Market ke trend ko samajhna zaruri hai.
- Trending market mein reversals kaafi clearly dikhte hain.

3. Candlestick Psychology

- Candlestick patterns market ke sentiment ko dikhate hain.
 - Individual candlesticks ka behavior samajhkar, reversals ko predict karna asaan hota hai.
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Reversal Trading Kaise Karein?

Reversal trading karne ke liye simple steps follow karein:

1. Chart par support aur resistance levels identify karein.
 2. In levels ke paas candlestick ka behavior observe karein.
 3. Reversal predict karein based on:
 - Candlestick patterns.
 - Market trends.
 - Support aur resistance ke interaction.
 4. Jab reversal expect ho, turant trade place karein. **Late entry** se bachna zaruri hai.
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Common Mistakes Jo Avoid Karni Chahiye:

1. **Late Entry:** Multiple candlesticks ka wait na karein, ye continuation trading ban sakta hai.
 2. **Levels Ignore Karna:** Always support aur resistance par rely karein.
 3. **Analysis Skip Karna:** Trend analysis, candlestick psychology aur SNR ka combination use karein.
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Practical Example:

- Aap dekhte hain ki multiple green candlesticks resistance level ke paas aa rahi hain.
 - Aap predict karte hain ki agla candlestick red hoga.
 - Ek red candlestick ka trade place karein. Agar prediction sahi hai, toh profit milega.
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Conclusion:

Reversal trading ek powerful strategy hai jab aap ise sahi tarike se execute karte hain. Focus karein **support aur resistance levels**, **market trends**, aur **candlestick psychology** par. Demo accounts par practice karein aur galtiyon ko reduce karein.

Koi bhi sawal ya confusion ho, toh bina hesitate karein poochhein. Yaad rahe, step-by-step learning se long-term success milti hai!